

# ***PEDIATRIC ALLERGY DATA BASE AND HEALTH HISTORY***

**Please fill in this form and send it to the office one week before the first visit in our office.** You may need to observe your child's symptoms for a few days in order to provide the best information. Try to be as accurate and complete as possible.

## **Patient's Information:**

Name \_\_\_\_\_ Referred By: \_\_\_\_\_  
Date of office visit \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Child's physician(s) \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Next of Kin \_\_\_\_\_ Relationship \_\_\_\_\_  
Last school grade completed by patient \_\_\_\_\_ Social Security # \_\_\_\_\_  
Marital status of parents (circle):    married            separated            divorced            widowed

## **Father's Information:**

Name: \_\_\_\_\_ Social Security # \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
Employer's Name: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Address \_\_\_\_\_

## **Mother's Information:**

Name: \_\_\_\_\_ Social Security # \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
Employer's Name: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Address \_\_\_\_\_

## **Insurance Information:**

Name of individual responsible for bill \_\_\_\_\_  
  
Primary Insurance Company: \_\_\_\_\_ Ins Phone #: \_\_\_\_\_  
Insurance Address: \_\_\_\_\_  
Subscriber name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Subscriber SSN#: \_\_\_\_\_ ID/Group Number: \_\_\_\_\_  
  
Secondary Insurance Company: \_\_\_\_\_ Ins Phone #: \_\_\_\_\_  
  
Insurance Address: \_\_\_\_\_  
Subscriber name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Subscriber SSN#: \_\_\_\_\_ ID/Group Number: \_\_\_\_\_

**Pharmacy Name and Phone** \_\_\_\_\_

Problems (Give a brief summary of the patient's symptoms, duration of symptoms, aggravating and relieving factors, and patterns noted.)

Medications to which the patient is allergic and the symptoms produced. \_\_\_\_\_

Current medications, names and dosages. (Include all medication and vitamins taken over the past month.) \_\_\_\_\_

Did this child have any severe reactions to immunizations? Please list and describe. \_\_\_\_\_

Is this child current in his/her immunizations? \_\_\_\_\_

Please circle any problems noted with the mother during the pregnancy with this child:

High Blood Pressure    Diabetes    German Measles    Sugar, Protein, Albumin in the Urine

Venereal Disease    Drug or Alcohol Dependence    Cigarette Smoking

What medications did the mother take during this pregnancy? \_\_\_\_\_

How long was this pregnancy? \_\_\_\_\_ Was it a difficult delivery? \_\_\_\_\_

Was more than one baby born? \_\_\_\_\_ Was this a breech delivery? \_\_\_\_\_

Was this a cesarean delivery? \_\_\_\_\_ Was this a forceps delivery? \_\_\_\_\_

How early did the mother start seeing the doctor? \_\_\_\_\_

APGAR score \_\_\_\_\_ Birth Weight \_\_\_\_\_

Birth Defects \_\_\_\_\_

## MATERNAL AND FAMILY HISTORY

How many children have you(mother) had? \_\_\_\_\_  
 Which one is this child? (Birth order) \_\_\_\_\_  
 Have you (mother) had any premature births or miscarriages? \_\_\_\_\_  
 Mother's age now \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  
 Father's age now \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  
 Names and ages of your other children \_\_\_\_\_  
 Who lives in the home with this child? \_\_\_\_\_  
 Where else does this child spend significant amounts of time? \_\_\_\_\_

## FEEDING HISTORY

Did you breastfeed this child? \_\_\_\_\_ Did you have problems nursing this child? \_\_\_\_\_  
 If so, please describe. \_\_\_\_\_  
 Were there any foods that you ate during the time that you were nursing this child that seemed to have an effect on him/her? Which foods were they and what effect did they cause? \_\_\_\_\_  
 \_\_\_\_\_  
 Did this child gain weight well in infancy? \_\_\_\_\_  
 List brands of infant formula used. If there was any need to switch brands please list brand(s) and problem(s). \_\_\_\_\_  
 \_\_\_\_\_

Have you noted any problems this child has had with foods?

| FOOD                    | IN INFANCY | NOW | SYMPTOMS |
|-------------------------|------------|-----|----------|
| Milk                    |            |     |          |
| Wheat                   |            |     |          |
| Eggs                    |            |     |          |
| Corn                    |            |     |          |
| Soybean                 |            |     |          |
| Sugar                   |            |     |          |
| Citrus                  |            |     |          |
| Chocolate               |            |     |          |
| Food coloring           |            |     |          |
| Others                  |            |     |          |
|                         |            |     |          |
| Was this child colicky? |            |     |          |

Please circle any of the following that your child has had.

Chickenpox      Rheumatic Fever      Measles      German Measles      Mumps  
 Recurrent Ear Infections      Recurrent Throat Infections      Thrush      Severe Diaper Rash  
 Recurrent Diaper Rash      Ringworm      Athletes Foot      Whooping Cough

Has this child had excessive or recurrent problems with the following symptoms?

| SYMPTOM              | PAST | PRESENT | NO | DON'T KNOW | COMMENTS |
|----------------------|------|---------|----|------------|----------|
| Picky eater          |      |         |    |            |          |
| Craves certain foods |      |         |    |            |          |
| Fatigue after meals  |      |         |    |            |          |
| Itching (where?)     |      |         |    |            |          |
| Hives                |      |         |    |            |          |
| Canker sores         |      |         |    |            |          |

| SYMPTOM                            | PAST | PRESENT | NO | DON'T KNOW | COMMENTS |
|------------------------------------|------|---------|----|------------|----------|
| Bad Breath                         |      |         |    |            |          |
| Belching                           |      |         |    |            |          |
| Gas                                |      |         |    |            |          |
| Stomach aches                      |      |         |    |            |          |
| Nausea                             |      |         |    |            |          |
| Vomiting                           |      |         |    |            |          |
| Bloating                           |      |         |    |            |          |
| Constipation                       |      |         |    |            |          |
| Diarrhea                           |      |         |    |            |          |
| Seborrhea (cradle cap or dandruff) |      |         |    |            |          |
| Eczema                             |      |         |    |            |          |
| Other rashes                       |      |         |    |            |          |
| Redness around anus                |      |         |    |            |          |
| Red cheeks                         |      |         |    |            |          |
| Bedwetting                         |      |         |    |            |          |
| Genital irritation                 |      |         |    |            |          |
| Burning with urination             |      |         |    |            |          |
| Runny nose                         |      |         |    |            |          |
| Stuffy nose                        |      |         |    |            |          |
| Nosebleeds                         |      |         |    |            |          |
| Rubbing nose                       |      |         |    |            |          |
| Sneezing                           |      |         |    |            |          |
| Tonsillitis                        |      |         |    |            |          |
| Scratchy or sore throat            |      |         |    |            |          |
| Hoarseness                         |      |         |    |            |          |
| Excessive Drooling                 |      |         |    |            |          |
| Mouth Breathing                    |      |         |    |            |          |
| Frequent cough                     |      |         |    |            |          |
| Chest pain                         |      |         |    |            |          |
| Wheezing or asthma                 |      |         |    |            |          |
| Bronchitis or croup                |      |         |    |            |          |
| Reaction to bee stings             |      |         |    |            |          |
| Itchy or watery eyes               |      |         |    |            |          |
| Dark circles under eyes            |      |         |    |            |          |
| Puffy or red eyes                  |      |         |    |            |          |
| Headaches                          |      |         |    |            |          |
| Leg "aches"                        |      |         |    |            |          |
| Night waking                       |      |         |    |            |          |
| Nightmares                         |      |         |    |            |          |
| Mood swings                        |      |         |    |            |          |
| Hyperactivity                      |      |         |    |            |          |
| Short attention span               |      |         |    |            |          |
| Behavior problems                  |      |         |    |            |          |
| Learning disabilities              |      |         |    |            |          |
| Listlessness/fatigue               |      |         |    |            |          |

| SYMPTOM                   | PAST | PRESENT | NO | DON'T KNOW | COMMENTS |
|---------------------------|------|---------|----|------------|----------|
| Ear Infections            |      |         |    |            |          |
| Fluid behind ear drums    |      |         |    |            |          |
| Hearing loss              |      |         |    |            |          |
| Sensitivity to sound      |      |         |    |            |          |
| Tugging or rubbing ears   |      |         |    |            |          |
| Speech problems           |      |         |    |            |          |
| Swelling (where?)         |      |         |    |            |          |
| Sweating                  |      |         |    |            |          |
| Pallor or flushing        |      |         |    |            |          |
| Bruises easily            |      |         |    |            |          |
| Frequent low grade fevers |      |         |    |            |          |

## HEALTH HISTORY

Has **this child** had any or the following:

|                              | YES | NO | AGE | DESCRIBE (NUMBER) |
|------------------------------|-----|----|-----|-------------------|
| Severe injuries              |     |    |     |                   |
| Poisoning                    |     |    |     |                   |
| Hospitalizations (overnight) |     |    |     |                   |
| Convulsions from fever       |     |    |     |                   |
| Epilepsy/seizures            |     |    |     |                   |
| Heart problems (murmur)      |     |    |     |                   |
| Eye or vision problems       |     |    |     |                   |
| Hearing problems             |     |    |     |                   |
| Surgery                      |     |    |     |                   |
| Pneumonia or bronchitis      |     |    |     |                   |
| Allergies                    |     |    |     |                   |
| Birth defects                |     |    |     |                   |
| Blood diseases               |     |    |     |                   |
| Bone or joint disorders      |     |    |     |                   |
| Cancer                       |     |    |     |                   |
| Diabetes                     |     |    |     |                   |
| Thyroid problems             |     |    |     |                   |
| Kidney/bladder problems      |     |    |     |                   |
| Mental retardation           |     |    |     |                   |
| Muscle or Nerve disease      |     |    |     |                   |
| High blood pressure          |     |    |     |                   |
| Digestive disorders          |     |    |     |                   |
| Skin disorders               |     |    |     |                   |
| Liver diseases               |     |    |     |                   |
| Cystic Fibrosis              |     |    |     |                   |
| Other                        |     |    |     |                   |

List any of the problems from the previous pages with **which any relative of this child** has had problems:

Mother \_\_\_\_\_

Father \_\_\_\_\_

Brother/Sister \_\_\_\_\_

Other Relatives \_\_\_\_\_

## ENVIRONMENTAL SYMPTOMS

| SYMPTOM   | YES | NO | DON'T KNOW |
|---|-----|----|------------|
| Worse indoors   |     |    |            |
| Improved indoors  |     |    |            |
| Worse after 30 minutes in bed   |     |    |            |
| Symptoms worse in certain months<br>Which months?                       |     |    |            |
| Symptoms increase in cold weather                                       |     |    |            |
| Nasal symptoms without itchy eyes                                       |     |    |            |
| Worse in air conditioning   |     |    |            |
| Worse while dusting/sweeping  |     |    |            |
| Worse outdoors 4:30-8:30 P.M.   |     |    |            |
| Worse in cool evening air   |     |    |            |
| Worse in damp places  |     |    |            |
| Nasal symptoms playing on the lawn                                      |     |    |            |
| Worse playing in leaves   |     |    |            |
| Worse September until hard frost  |     |    |            |
| Symptoms increase around October 1st                                    |     |    |            |
| Symptoms worse on clear days  |     |    |            |
| Worse outdoors 7:00-11:00 A.M.  |     |    |            |
| Improved in the rain  |     |    |            |
| Improved in air conditioning  |     |    |            |
| Worse in basements  |     |    |            |
| Symptoms worse around feed mills  |     |    |            |
| Symptoms worse in barns   |     |    |            |
| Symptoms worse in certain homes<br>Whose home? What is different?       |     |    |            |
| Symptoms worse in certain rooms (Which?)                                |     |    |            |
| Symptoms worse at school/day care                                       |     |    |            |
| Symptoms worse in shopping mall   |     |    |            |
| Symptoms worse in church  |     |    |            |
| Symptoms worse in a car   |     |    |            |
| Symptoms worse at a gas station   |     |    |            |
| Symptoms worse in certain stores  |     |    |            |
| Symptoms worse working with paint, markers, etc.                        |     |    |            |
| Symptoms worse around smokers   |     |    |            |
| Symptoms worse with a storm front                                       |     |    |            |
| Symptoms worse with wind  |     |    |            |
| Symptoms worse on rainy days  |     |    |            |
| Symptoms worse on dry days  |     |    |            |
| Symptoms worse with increased air pollution                             |     |    |            |
| Symptoms worse around perfume   |     |    |            |
| Symptoms worse around scented items (detergents, soaps, candles, etc.)  |     |    |            |
| React to cats or in homes with cats (How?)                              |     |    |            |
| React to dogs or in homes with <i>dogs</i> (How?)                       |     |    |            |
| React to other animals (which animals? How?)                            |     |    |            |
| Does this child spend time around smokers? Whom?                        |     |    |            |
| Does this child have any exposure to animals? Which? Where?             |     |    |            |
| Has this child had any previous allergy testing? What were the results? |     |    |            |

## OTHER PROBLEMS YOUR CHILD MAY HAVE

|   | YES | NO |
|---|-----|----|
| Feeling tired after a good nights sleep |     |    |
| Problems with short term memory?        |     |    |
| Emotional swings                        |     |    |
| Intolerance of cold weather             |     |    |
| Inappropriate weight gain               |     |    |
| Slowing of reflexes                     |     |    |

**Please record this child's basal temperature for one week.** (Temperature taken before getting out of bed in the morning.)

Circle one: Oral    Axillary    Rectal

Day One \_\_\_\_\_    Day Two \_\_\_\_\_    Day Three \_\_\_\_\_  
 Day Four \_\_\_\_\_    Day Five \_\_\_\_\_    Day Six \_\_\_\_\_  
 Day Seven \_\_\_\_\_

## HOME ENVIRONMENT (Please circle all that apply and fill in blanks.)

House      Apartment      Mobile Home      \_\_\_\_\_ # Years old

If multiple dwelling, what floor? \_\_\_\_\_

On which floor is this child's bedroom? \_\_\_\_\_

How long have you lived in this house? \_\_\_\_\_

Region:      City Residential      City Industrial      Suburban  
                  Small Town      Rural

Garage:      Attached      Unattached

Is your basement ever damp? \_\_\_\_\_ Has it ever been flooded? \_\_\_\_\_

Heating:      Electric radiant      Hot water/steam      Gas forced air  
                  Fireplace/stove      Space Heaters

Air Conditioning:      Central      Room      Refrigerated      Swamp cooler

Fuel:      Electric      Natural gas      Propane      Wood      Oil      Coal

| APPLIANCE      | GAS | ELECTRIC | AGE |
|----------------|-----|----------|-----|
| Stove          |     |          |     |
| Dishwasher     |     |          |     |
| Refrigerator   |     |          |     |
| Microwave oven |     |          |     |
| Clothes dryer  |     |          |     |
| Freezer        |     |          |     |
| Water heater   |     |          |     |

**FURNISHING AND HOUSEHOLD MAINTENANCE:**

Upholstery: Cotton Silk Linen Wool Plastic Leather Synthetic

Padding: Cotton Dacron/polyester Foam Rubber

Mattress: Cotton Rubber Synthetic Plastic Covered Waterbed

Pillows: Feather Dacron/polyester Foam rubber Plastic covered

Carpet/rugs: Wool Cotton Synthetic Rubber backed  
 Jute backed Rubber or foam pad  
 Is this child's bedroom carpeted? Yes No

Window covering in this child's bedroom \_\_\_\_\_

Blankets: Cotton Wool Synthetic

Cleaning agents used: Soap Detergents Scouring powder Bleach  
 Spray cleaners Air deodorizers Lysol Pinesol Ammonia  
 Fabric Softener (liquid or dryer sheets) Furniture polishes  
 Starch (spray or liquid) Floor wax

Other chemicals: Are there chemicals in the home used for work or hobbies, such as paints, adhesives, cleaning agents; etc.?(list) \_\_\_\_\_

What are your family's hobbies and/or interests? \_\_\_\_\_

Has the house or yard been sprayed for pests or weeds? \_\_\_\_\_

If so, list products and if this child had reactions to them. \_\_\_\_\_

**PLEASE READ AND SIGN:**

**I HEREBY AUTHORIZE PAYMENT DIRECTLY TO THE DOCTOR OF MY INSURANCE BENEFITS. I AM FINANCIALLY RESPONSIBLE FOR ALL DEDUCTIBLES, COPAYMENTS, AND CHARGES NOT COVERED OR NOT MEDICALLY NECESSARY BY MY INSURANCE CARRIER OR OTHER THIRD PARTY PAYER. IF I AM NOT COVERED BY INSURANCE I AM FINANCIALLY RESPONSIBLE FOR ANY CHARGES INCURRED ON THIS ACCOUNT. I AUTHORIZE THIS OFFICE TO RELEASE MEDICAL INFORMATION, FROM THIS OFFICE, TO MY INSURANCE COMPNY AS REQUESTED.**

**SIGNED \_\_\_\_\_  
(INSURED PERSON)**

**DATE \_\_\_\_\_**

**SUPPLEMENTS OR NUMBING CREAM MUST BE PAID AT TIME OF SERVICE.**